

# Stay Healthy with an Annual Flu Shot

**EHS is pleased to offer the quadrivalent influenza vaccine for the 2023–2024 flu season!**

The quadrivalent vaccine includes two type-A strains and two type-B strains. Getting an annual flu vaccine is the best way to protect yourself and others during flu season. This easy step can:

- Reduce flu illnesses
- Reduce missed work
- Reduce doctor visits
- Prevent flu-related hospitalization



ELIGIBLE PARTICIPANTS	FLU VACCINE FEES
All NU Benefit-Eligible Faculty & Staff (Must present NU Wildcard)	No cost to you, covered by NU
Spouses & Dependents (age 18+)	Self-pay, \$38 (Cash or check payable to EHS. No credit cards.)

**SIGN UP TODAY!**  
empower.health

**Returning Participants:** If you previously created an account, sign in under "Welcome Back!"

**New Participants:** Complete "New User" fields and enter client code: **northwesternehs**

Once you have scheduled your appointment, please [print one \(1\) copy of your flu requisition](#) to bring to your event

## LOCATIONS & DATES

### Northwestern University Evanston

**Tuesday, October 3, 2023**

**Monday, October 16, 2023**

9:15 am – 3:15 pm

Norris Center, Louis Room 205

### Northwestern University Chicago

**Wednesday, October 11, 2023**

**Thursday, October 26, 2023**

9:15 am – 3:15 pm

Simpson Querrey Atrium

**Important Information:** The Flu Program is subject to vaccine availability. Participants must be 18 years of age or older and are subject to evaluation of health and medical history.

If you have recently experienced any cold, flu or COVID-19 symptoms, please do not attend your event.

**Empower Health Services**  
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