



## Breakfast table checkups. They're on the menu.

Managing your health with a primary care provider (PCP) is easier when you have more ways to access care.

### Get to know a PCP virtually

A PCP is the doctor who knows you best, the one you turn to for everything from routine checkups to help with chronic or complex health conditions. Now, through [myuhc.com](https://myuhc.com)<sup>®</sup> or the UnitedHealthcare<sup>®</sup> app, you can choose to connect remotely with a virtual PCP – and their team of health care professionals.\*

**See the same virtual PCP as often as you like  
or choose the soonest available appointment for:**

- Annual wellness visit
- Prescription refills\*\*
- Lab orders and reviews
- Specialist referrals
- Non-urgent needs

### Appointments available sooner

**Meet or chat with a PCP within  
one week, or sometimes even  
on the same day**

**Learn more** Find out more about virtual primary care on the UnitedHealthcare app or at [myuhc.com/virtualprimarycare](https://myuhc.com/virtualprimarycare)

**United  
Healthcare<sup>®</sup>**

\*Data rates may apply.

\*\*Certain prescriptions may not be available, and other restrictions may apply.

Virtual primary care are services available with a provider via video, chat, email, or audio-only where permitted under state law. Virtual primary care services are only available if the provider is licensed in the state that the member is located at the time of the appointment. Virtual primary care is not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

The UnitedHealthcare<sup>®</sup> app is available for download for iPhone<sup>®</sup> or Android<sup>®</sup>. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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