

# Join us for National Work & Family Month!

Select an event to register.

**October 7**

Parent Caregiving  
Resources Overview  
10am - 10:45am

**October 10**

Adult and Senior Care  
Resources Overview  
10am - 10:30am

**October 11**

Cariloop Overview  
Noon - 12:45pm

**October 15**

EAP Overview  
12:30pm - 1:00pm

**October 17**

Well-being Resources  
Overview  
12:30pm - 1:00pm

**October 22**

Supporting Our Kids' Mental  
Health - EAP Webinar  
11:00am - Noon

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## October's Coffee & Connection: Well-being Open House

October's Coffee & Connection is excited to celebrate National Work & Family Month!

This event will highlight the available well-being and caregiving resources to you and your family. **We'll have a book and toy exchange - so bring anything you'd like to exchange or donate!**

We'll also have games, raffles, and some light refreshments.

**October 15**

Coffee & Connection:  
Well-being Open House

Evanston Campus  
9:30am - 1:00pm  
Parkes Hall, Rm 122



Learn more

**October 16**

Coffee & Connection:  
Well-being Open House

Chicago Campus  
9:30am - 1:00pm  
Lurie's Atrium